**Hand Feeding**



* Gather supplies
	1. Small can of canned food
	2. Gloves
* Either sit quietly on floor or stand (if in caged room), take a small amount of canned food and hold out for kitty
* Stand/sit with your body angled away from the cage/cat,
* Use soft eyes to look at kitty, do not stare or face directly unless cat approaches you this way
* If cat is hesitant, you can drop tiny bits of food in front of them to see their comfort zone

