



ST. HUBERT'S PAWS FOR PEOPLE PROGRAM

TRAINING WORKSHOP AND ANIMAL EVALUATIONS

Wednesday, Apr 14, 2010

and

Sunday, Apr 18, 2010



WHAT IS PET THERAPY?

Clinical studies have proven that animals have the power to help heal people. Simply petting, touching or talking to animals has been shown to improve physical health and emotional well-being. From lowering blood pressure and easing loneliness, depression and anxiety, to boosting self esteem and social skills, animals can have a tremendous therapeutic effect on people.

Animals often have the ability to break through barriers that people cannot. Their nonjudgmental attitude and unconditional love make pets a welcome and warm presence in any health care setting. Pets have the ability to distract patients and residents from health concerns or other worries; prompt people to speak who have not spoken; motivate people to move who are in physical therapy; and simply remember a more independent time in their lives. Moreover, pets often boost the spirits of health care workers who work in challenging stressful positions.

BENEFITS OF PET THERAPY

- Lowers blood pressure and heart rate
- Encourages socialization and reduces isolation
- Improves reality orientation
- Enhances memory
- Improves reading ability and confidence in children
- Reduces stress and anxiety
- Reduces boredom
- Increases self-esteem
- Teaches kids how to have safe pet contact
- Improves learning capability
- Lifts mood and reduces depression
- Gives people something to nurture
- Makes people happy

Pet Therapy can be extremely rewarding to volunteers as well. Your life will be enriched by bringing joy into the lives of others while spending quality time with your animal companion.



WHAT IS REQUIRED?

- All prospective volunteers must attend the Paws for People Training Workshop and evaluation.

- All animals must be at least 1 year old before they can be evaluated. St. Hubert's strongly recommends dogs be at least 2 years of age before they are evaluated for maturity reasons.

- Dogs must reliably be able to perform the following basic obedience commands: sit, stay, come, down and heel. All animals must have a tolerant temperament, be under control at all times and get along well with other animals. During the evaluation, animals may encounter stressful situations that simulate a facility visit. These situations include: rolling wheelchairs, yelling, exuberant and clumsy petting, a thorough examination and restraining hugs.

- Female animals must not be in season.

-The use of prong and choke collars is prohibited, as well as the use of muzzles. Dogs tested on a Gentle Leader are required to wear this collar on all visits.

Please provide up-to-date documentation when you send in application:

Dogs: Rabies, Distemper & town license

Cats: Feline Leukemia & town license

Cats, rabbits and all other domestic animals must be able to wear a leash and harness and be transported in a carrier.

REGISTRATION FORM

PLEASE MAKE COPIES FOR ADDITIONAL PEOPLE AND PETS

For multiple participants, each person wishing to visit with a pet must be evaluated with that pet.

Children between ages 14 to 18 must be accompanied by an adult

TRAINING WORKSHOP (HUMANS ONLY...NO PETS) Wednesday, Apr 14 – \$65

6:00 p.m. – 9:00 p.m. Held at St. Hubert's Animal Welfare Center – 575 Woodland Ave., Madison, NJ

ANIMAL EVALUATIONS – Sunday, Apr 18 – \$25

Evaluations will be held at St. Hubert's Animal Welfare Center and evaluation times (approx 25 min) will be scheduled upon receipt of **all registration forms and fees.**

Total fee for the workshop & evaluation for one person is \$90.

The cost of the workshop & evaluation for each additional family member is \$55.

Additional pet evaluations are \$25 each (ex. One person tests with 2 pets, the fee would be \$115).

Active PFP Team Recertification is \$20.

Registrant's Name: _____

Address: _____

Telephone: (Home) _____ (Work) _____

E-mail: _____

Are you registering more than one animal for the evaluation? Yes No

If yes, please fill out separate registration form for each animal.

Name of animal attending evaluation: _____ Breed: _____

Date of Birth or approximate age: _____

SPACE IS LIMITED!

PLEASE SEND PAYMENT WITH THIS FORM AND APPROPRIATE PAPERWORK – PROOF OF RABIES, DISTEMPER, FELINE LEUKEMIA TEST AND TOWN LICENSE.

FAILURE TO PROVIDE US WITH THESE DOCUMENTS MAY JEOPARDIZE YOUR ADMITTANCE INTO THE PAWS FOR PEOPLE WORKSHOP & ANIMAL EVALUATION.

Please return this form with a check and paperwork enclosed to:

Attn: Paws for People Workshop

St. Hubert's Animal Welfare Center, 575 Woodland Ave, Madison, NJ 07940

OUR PROGRAM

Since 1982, the Paws For People Program has grown to include more than 275 volunteer teams that visit 70 facilities in Morris, Essex, Somerset and Union counties.

Volunteers and their specially trained therapy pets bring the benefits of animal companionship to schools, libraries, hospitals, nursing homes and more. St. Hubert's is always in need of additional pet therapy volunteers. **St. Hubert's asks that volunteers commit to one 1-hour visit each month.** Volunteers are welcome and encouraged to make more than one visit a month if they wish.

Please call 973-377-8801 or e-mail

amurphy@sthuberts.org with any questions.



973-377-8801
(Volunteer Office)

www.sthuberts.org