



ST. HUBERT'S PAWS FOR PEOPLE PROGRAM

TRAINING WORKSHOP AND ANIMAL EVALUATIONS

Wednesday, Sept 23, 2009
and
Saturday, Sept 26, 2009



WHAT IS PET THERAPY?

Pet Therapy falls into two different categories: Animal-Assisted Activities (AAA) and Animal-Assisted-Therapy (AAT). AAA provides opportunities for motivational, educational, recreational and/or therapeutic benefits to enhance people's quality of life. AAA is delivered in a variety of environments by specially trained professionals, para-professionals and/or volunteers in association with animals that meet specific criteria. Basically, AAA is known as the "meet and greet" activity that involves a pet socializing with a variety of clients.

The same activity can be repeated with many people, unlike a therapy program that is tailored to a particular person. You will find that AAA is the most common form of socialization between animals and residents of health care facilities.



Animal-Assisted Therapy (AAT) is defined as a goal-directed intervention in which an animal that meets specific criteria is an integral part of the treatment process. AAT is directed and/or delivered by a health/human services professional with specialized expertise and within the scope of practice of his or her profession.

THE PET PRESCRIPTION

Recent studies have shown that interaction with animals can lower blood pressure, reduce stress, improve socialization skills and raise self-esteem in people, including those who reside in health care facilities. For seniors in nursing homes, patients in hospice wards and others who may feel isolated, the companionship provided by animals is invaluable.

When animals are present in facilities, they have the ability to distract residents from their health worries or allow them the opportunity to remember a more youthful and independent time in their lives. The interaction with human volunteers also provides residents with an opportunity to interact with someone besides the facility staff.

Pets play an important role in childhood development as well. The unconditional love of a pet can increase a child's self-esteem and empathy toward others. Those children who are psychologically withdrawn or developmentally disabled can derive benefits from socialization with animals.

Not only is AAA (Animal-Assisted Activities) therapy valuable to a variety of health care residents and physically or developmentally disabled children, it can be extremely rewarding to volunteers as well. Your life will be enriched by bringing joy into the lives of others while spending quality time with your animal companion.

St Hubert's Animal Welfare Center
575 Woodland Avenue
Madison, NJ 07940



WHAT IS REQUIRED?

- All prospective volunteers must attend the Paws for People Training Workshop and evaluation.

- All animals must be at least 1 year old before they can be evaluated. St. Hubert's strongly recommends dogs be at least 2 years of age before they are evaluated for maturity reasons.

- Dogs must reliably be able to perform the following basic obedience commands: sit, stay, come, down and heel. All animals must have a tolerant temperament, be under control at all times and get along well with other animals. During the evaluation, animals may encounter stressful situations that simulate a facility visit. These situations include: rolling wheelchairs, yelling, exuberant and clumsy petting, a thorough examination and restraining hugs.

-Female animals must not be in season.

-The use of prong and choke collars is prohibited, as well as the use of muzzles. Dogs tested on a Gentle Leader are required to wear this collar on all visits.

Please provide up-to-date documentation:

Dogs: Rabies, Distemper & town license

Cats: Feline Leukemia & town license

Cats, rabbits and all other domestic animals must be able to wear a leash and harness and be transported in a carrier.



973-377-7094
(Main)

973-377-8801
(Volunteer Office)

www.sthuberts.org

REGISTRATION FORM



PLEASE MAKE COPIES FOR ADDITIONAL PEOPLE AND PETS



For multiple participants, each person wishing to visit with a pet must be evaluated with that pet.

Children between ages 14 to 18 must be accompanied by an adult

who is also certified with the same pet.

TRAINING WORKSHOP (HUMANS ONLY...NO PETS)– Wednesday, Sept 23 – \$65

6:00 p.m. – 9:00 p.m. Held at St. Hubert's Animal Welfare Center – 575 Woodland Ave., Madison, NJ

ANIMAL EVALUATIONS – Saturday, Sept 26 – \$25

Evaluations also will be held at St. Hubert's Animal Welfare Center and evaluation times will be

Scheduled upon receipt of all registration forms and fees.

Total fee for the workshop & evaluation for one person is \$90.

The cost of the workshop & evaluation for each additional family member is \$55.

Additional pet evaluations are \$25 each (ex. One person tests with 2 pets, the fee would be \$115).

Active PFP Team Recertification is \$20.

Registrant's Name: _____

Address: _____

Telephone: (Home) _____ (Work) _____

E-mail: _____

Are you registering more than one animal for the evaluation? Yes No

If yes, please fill out separate registration form for each animal.

Name of animal attending evaluation: _____ Breed: _____

Date of Birth or approximate age: _____

SPACE IS LIMITED!

**PLEASE SEND PAYMENT WITH THIS FORM AND APPROPRIATE PAPERWORK –
PROOF OF RABIES, DISTEMPER, FELINE LEUKEMIA TEST AND TOWN LICENSE.**

**FAILURE TO PROVIDE US WITH THESE DOCUMENTS MAY JEOPARDIZE YOUR
ADMITTANCE INTO THE PAWS FOR PEOPLE WORKSHOP & ANIMAL EVALUATION.**

Please return this form with a check and paperwork enclosed to:

Attn: Paws for People Workshop

OUR PROGRAM

Since 1982, the Paws For People Program has grown to include more than 250 volunteer teams that visit 63 facilities in Morris, Essex, Somerset and Union counties. St. Hubert's is always in need of additional pet-assisted therapy volunteers. **St. Hubert's asks that volunteers commit to one 1-hour visit each month.** Volunteers are welcome to make more than one visit a month if they wish. Please call 973-377-8801 or e-mail amurphy@sthuberts.org with any questions.